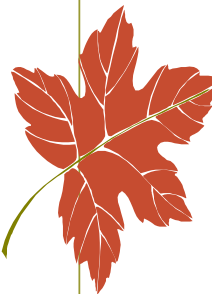


If you are grieving the loss of a loved one, you may find the holidays to be some of the most difficult days of the year. Whether your loss has been recent, or years ago, doesn't matter. If you find the upcoming holidays dreadful, depressing, a roller coaster of emotions and/or debilitating, make a way to attend this offering of comfort, support and love.

Survival KIT for the Holidays: A Grief Workshop

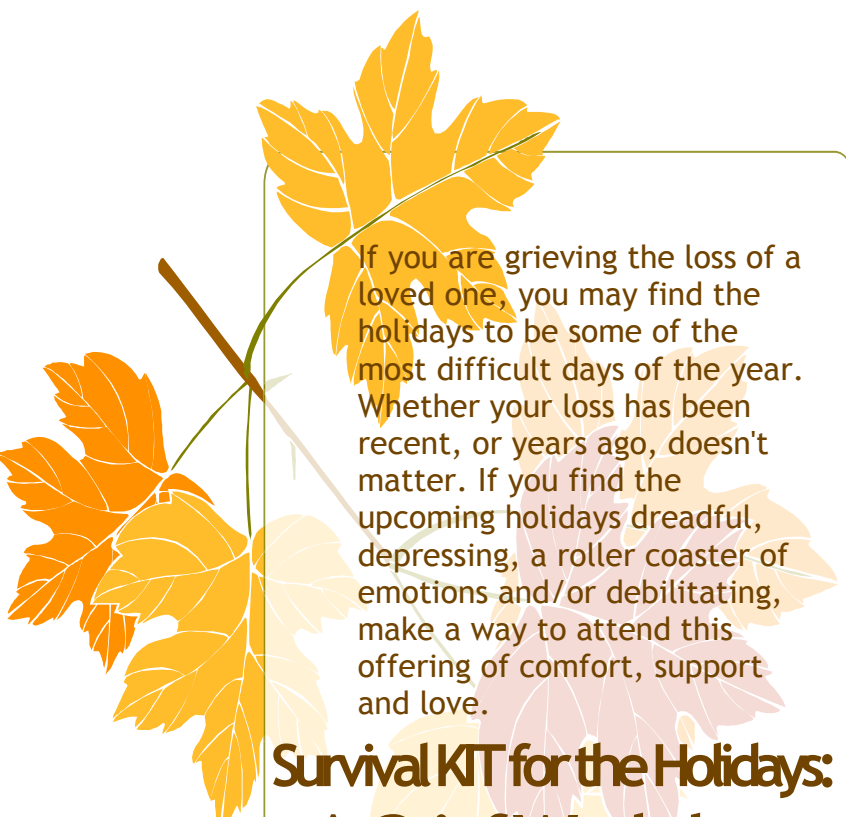
Sponsored by SGSDA Health Ministries



Sunday
October 30, 2011
9 am to 2 pm
(Bring sack lunch)

Standifer Gap SDA Church
on Standifer Gap Rd


Pre-Register: TEXT or call
name and phone # to Abby
at **423-400-3319**



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